



## NEPETA cataria


Common Catmint, Catnip

Item No.: NO020

Also available as: Normal Seed

Portion Price (sufficient for 50-100 plants)	1g Price (0.1-9.9g)	10g Price (10-99.9g)	100g Price (100-999.9g)	1000g Price (1000-9999.9g)	10000g Price (10000-99999.9g)
2,00€	2,00€	9,00€	54,00€	320,00€	-

## Plant Description

<b>Article Type</b>	Organic Seed DE-ÖKO-006
<b>Life Cycle</b>	Perennial
<b>Family</b>	Lamiaceae
<b>Origin</b>	South Europe, Africa, Asia: waste areas, scree, roadsides.
<b>Historical</b>	Traditional remedies of folk medicine for internal and external applications.
<b>Basic Colour</b>	(white / cream)
<b>Flower Colour</b>	white
<b>Natural Flowering Period</b>	June - October
<b>Winter Hardiness Zones</b>	Z3 - Z8
<b>Foliage</b>	simple, cordate, serrate, dull, green, aromatic scented
<b>Growth Habit</b>	bushy
<b>Height with Flowers</b>	60 cm
<b>Spacing between Plants</b>	50 cm
<b>Soil Requirements</b>	dry / well-drained / average / warm
<b>Location</b>	
<b>Characteristics</b>	medicinal plant / tea herb / culinary herb / groundcover
<b>Usage</b>	honey-bee food plant

## Cultivation

<b>Grams per 1000 seeds</b>	0.68966 Gram
<b>Seeds per Gram</b>	1450 (does not correspond to the number of plants!)
<b>Gram to get 1000 plants</b>	3 Gram (if sown directly into pots etc. you will need a larger quantity)
<b>Sowing Rates/Trays</b>	5 - 7 per cell



**Plug tray recommended size(s)**

128

**Sowing Direction**

(9) These seeds germinate rapidly depending on species and origin. If germination does not occur after 3–4 weeks a cooling period of 2–4 weeks is recommended.

## Scheduling

**Cutting back at Transplanting**

Cut-back once to keep more compact.

## Growing On

**Container Size(s)**

1 plug per 8/9 cm (3 1/2") / 1-2 plugs per 11/12 cm (4 1/2")

**Fertilizer**

Medium (150-200 ppm)