



## VERBENA officinalis

(Common Vervain)


Common Vervain (Ma-Bian-Cao)

Item No.: VA102

Also available as: Organic seed

Portion Price (usually sufficient for approx. 50 plants)	1g Price (0.1-9.9g)	10g Price (10-99.9g)	100g Price (100-999.9g)	1000g Price (1000-9999.9g)	10000g Price (10000-99999.9g)
2,00€	2,40€	18,00€	144,00€	860,00€	-

## Plant Description

<b>Life Cycle</b>	Perennial
<b>Family</b>	Verbenaceae
<b>Special Features</b>	TCM plant.
<b>Basic Colour</b>	(violet)
<b>Flower Colour</b>	pale lilac
<b>Natural Flowering Period</b>	June - September
<b>Winter Hardiness Zones</b>	Z3 - Z8
<b>Foliage</b>	ovate, oblong crenate to deeply pinnatifid, setose, green
<b>Height with Flowers</b>	60 cm
<b>Soil Requirements</b>	average
<b>Location</b>	
<b>Characteristics</b>	medicinal plant / tea herb / culinary herb
<b>Usage</b>	honey-bee food plant

## Cultivation

<b>Grams per 1000 seeds</b>	0.37037 Gram
<b>Seeds per Gram</b>	2700 (does not correspond to the number of plants!)
<b>Gram to get 1000 plants</b>	1 Gram (if sown directly into pots etc. you will need a larger quantity)
<b>Sowing Direction</b>	(8) These perennial seeds germinate very irregularly over a long period. Lower temperatures of less than +5°C [41°F] are very effective. Seed trays should not be discarded prematurely. Constant moisture must be maintained. Do not leave in direct sunlight. For Alstroemeria we recommend to keep sowing for 3 weeks at approximately +30°C [86°F], then 3 weeks at +5°C [41°F], then at +21°C [70°F].