PRUNELLA vulgaris
Self Heal
Item No.: PA948

<table>
<thead>
<tr>
<th>Portion Price (sufficient for 50-100 plants)</th>
<th>1g Price (0.1-9.9g)</th>
<th>10g Price (10-99.9g)</th>
<th>100g Price (100-999.9g)</th>
<th>1000g Price (1000-9999.9g)</th>
<th>10000g Price (10000-99999.9g)</th>
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<tr>
<td>2,00€</td>
<td>2,00€</td>
<td>10,00€</td>
<td>72,00€</td>
<td>396,00€</td>
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**Plant Description**

- **Life Cycle**: Perennial
- **Family**: Lamiaceae
- **Basic Colour**: (violet)
- **Flower Colour**: violet
- **Natural Flowering Period**: June - September
- **Winter Hardiness Zones**: Z3 - Z8
- **Growth Habit**: groundcover
- **Height with Flowers**: 20 cm
- **Characteristics**: medicinal plant
- **Usage**: honey-bee food plant

**Cultivation**

- **Grams per 1000 seeds**: 0.64516 Gram
- **Seeds per Gram**: 1550 (does not correspond to the number of plants!)
- **Gram to get 1000 plants**: 2 Gram (if sown directly into pots etc. you will need a larger quantity)
- **Sowing Direction**: (15) Rapidly germinating, keep seed in constant moisture (not wet) with temperatures of about +20°C [68°F]. Seeds must be covered thinly. Do not cover very small seeds, but tightly press into the earth. Keep in cooler conditions after germination occurs.